

Program for Women and Confidence & Assertiveness

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Synopsis

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inLanguage	english

Two books in one bundle! *Self Esteem for Women* and *Confidence & Assertiveness for Women*

Build confidence, self-esteem, and assertiveness in your professional and social life starting today!

Learn how to quickly be able to handle any situation, always know what to say, be assertive and charismatic, and build the life you have always wanted.

By addressing every conceivable situation in which you may lack confidence, these books will start to create the building blocks of lasting assertiveness and self-assurance throughout the various areas of your life.

Rather than just focusing on the theory, both books also provide you with case studies based on real-life situations so that you can apply these strategies to your own life.

As women, we have a responsibility to ourselves and the women of the future to take back our power, own our space in the world, and start building our self-confidence.

Reader's comments

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