

Self-Love Workbook for Teen Girls

author: Inner Warrior Publishing

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Synopsis

author	Inner Warrior Publishing
readBy	Savannah Moffat
inLanguage	english

Starting your self-love journey in your teenage years? You'll need all the help you can get! This book dives into self-love and the steps to completely embrace and love yourself. With practical tips, advice, activities, and stories from girls your age, you won't run out of ways to discover and express your authentic self!

Reader's comments

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