

Skincare

author: Caroline Hirons

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Synopsis

author	Caroline Hirons
readBy	Caroline Hirons
inLanguage	english

Winner of the Non-Fiction Lifestyle Book of the Year 2021 (British Book Awards)

As seen on *This Morning*

Straight-talking advice from the Skincare Queen

***The Sunday Times* Overall #1 bestseller for the w/e 27th June 2020**

TO BE SOLD IN 7 DIFFERENT LANGUAGES!

Caroline Hirons is the authority in skincare – and for the first time, she’s sharing her knowledge with the world. With over 100 million views of her blog and over 13 million views of her YouTube videos, she cuts out the jargon, tells you what you do and don’t need, and is finally going to get the nation off face wipes for good!

Skincare is the go-to book for people of all ages and skin types who want to feel and look fantastic. It explains the facts, the myths and the best way to get good skin – on any budget. With everything from Caroline’s signature cheat sheets, simple tips and tricks to glow (inside and out!) understanding ingredients lists, and advice on how to choose the products that are right for you, this is the ultimate guide to healthier, brighter skin.

Reader's comments

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