

# The Enneagram Type 4

*author: Beth McCord, Emily P. Freeman - introduction*

---

2026-06

## Synopsis

---

author	Beth McCord, Emily P. Freeman - introduction
readBy	Jill Blackwood
inLanguage	english

**The Enneagram Collection** is for anyone who wants to have a deeper understanding of their Enneagram type. **The Enneagram Type 4: The Romantic Individualist** is an interactive book that focuses on those who have a core desire to be unique, special, and their authentic self. The audiobook explores the unique motivations, longings, strengths, and weaknesses of a Type 4. **The Enneagram Type 4: The Romantic Individualist** is a great self-assessment resource for all spheres of life, including:

- Personal and professional relationships
- Faith communities
- Students and even pop culture

Author Beth McCord teaches listeners how to transform self-limiting behaviors into life-enhancing personal empowerment. Audiobooks from The Enneagram Collection are great for anyone newly interested in the Enneagram or longtime Enneagram enthusiasts. **Inside** listeners will find:

- Goals for inner stability and ideals for achieving peace of mind
- Teachings about the strengths, challenges, and opportunities that a Type 4 needs in order to build a more meaningful life, lasting relationships, and a deeper understanding of God and one's self

This ancient personality typing system identifies nine types of people and how they relate to one another. The system helps people discover what motivates them, their fears, and how best to interact with others.

Not a Type 4 or want to learn about the other Enneagram types? Check out the rest of The Enneagram Collection by Enneagram coach, author, and speaker Beth McCord. Enneagram diagrams and an overview of all nine personality types are available in the audiobook companion PDF download.

## Reader's comments

---

comment 1:

â€"â€" ()