

The Master Plan

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Synopsis

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inLanguage	english	

Like a lot of people, Chris Wilson didn't have an easy start in life. But, unlike many, he has managed to overcome severe setbacks to achieve a life defined by material success and personal meaning. How did he do it? When he committed a fatal crime at the age of 17 and received a devastating prison sentence, incarceration became the unexpected trigger that set Wilson off on a journey of self-improvement - reading, working out, learning languages, and starting a business. Creating a master plan for the life he wanted, he worked though it step-by-step to transform his reality. In this gripping memoir, he tells his story and explains the thought processes and techniques he used to go from being in prison with no hope of parole to being a free man, a successful social entrepreneur, and a respected mentor.

Reader's comments

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