

The Mindset

author: Ace Bowers

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Synopsis

author	Ace Bowers
readBy	Joe Passaro
inLanguage	english

At the age of 22, Ace Bowers faced a life-changing decision: stay trapped in his family's cycle of poverty or break free and rewrite his future. The Mindset is a powerful, inspirational memoir chronicling Ace's journey from an uneducated, overweight janitor battling addiction and depression to a self-made millionaire in Silicon Valley—all within five years. In this raw and honest story, Ace reveals the harsh realities of growing up in a poor, abusive, and alcoholic family and shares how shifting his mindset sparked a complete transformation. Through candid accounts of struggle and perseverance, The Mindset shows how changing your mindset can unlock success, health, and lasting happiness—even when the odds are stacked against you. If you're looking for motivation to overcome adversity, break limiting cycles, and unlock your true potential, this memoir will inspire and empower you.

Reader's comments

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