

# The New Girls

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## Synopsis

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You cannot undo this, one of the surgeons told me, you have to be sure. I was sure. My choices were frightening, grim, and daunting. I possess the rare breast cancer genetic mutation BRCA2 and I saw it as a death sentence. My choices were drastic, my actions were immediate. Complete hysterectomy followed by prophylactic double mastectomy with 2. I will never be the same. In so many ways. It was, and is, such a journey. I clearly remember when Angelina Jolie first publicized her preventive mastectomy; it was a shock, almost unthinkable, to remove healthy organs from a healthy body. My perspective on that has certainly changed; I followed in her footsteps! She is brave, a pioneer, but did not tell of her experience. *The New Girls* fills that gap, and describes with candor, humor, and raw emotion, what it was like to undergo such extensive surgery. It was not easy. The rewards, however, are tremendous! I took my breast cancer risk from almost certain to nearly zero. At first, I wanted my transformation to be a secret, so that people would not know what I have done. When I realized how little awareness there is, the desire to share my experience, to help people, simply grew and grew. I started this book while in recovery; it's entitled *The New Girls* because that is what I call my new breasts, and they are the protagonists ;) I sincerely hope that my story lets people facing the same or similar decisions know they are not alone. I felt alone, uninformed, without clear information about what to expect, what it would feel like. Please listen to, share and embrace *The New Girls*.

## Reader's comments

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