

The Pants of Perspective

author: Anna McNuff

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Synopsis

author	Anna McNuff
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inLanguage	english

"A thrilling, coming-of-age journey that will make you yearn to go on your own adventures." (*Runner's World*)

Anna was never anything like those "real" runners on telly - all spindly limbs, tiny shorts, and split times - but when she read about New Zealand's 3,000-kilometer-long Te Araroa Trail, she began to wonder...perhaps being a "real" runner was overrated. Maybe she could just run it anyway?

Travelling alone through New Zealand's backcountry for 148 days, she scrambled through forests, along ridgelines, over mountain passes, along beaches, and across swollen rivers. Running up to 52 kilometers in a day, she slept wild most nights and was taken into the homes and hearts of the Kiwi people in between.

The Pants of Perspective is a witty, colorful, and at times painfully raw account of a journey to the edge of what a woman believes herself to be capable of. It is a coming-of-age story that will lead you on a roller-coaster ride through fear, vulnerability, courage, and failure.

For anyone who has ever dreamt of taking on a great challenge but felt too afraid to begin - this story is for you.

Reader's comments

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