

The Twin Flame Handbook

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Synopsis

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The soul remembers everything - even if your brain doesn't! If you're reading this right now, chances are you're searching for answers. What is a twin flame or twin soul? You thought meeting your perfect match meant happily ever after - so why is your life being torn apart?

The Twin Flame Handbook mixes research and firsthand experience with the intent to help. Inside, you'll learn:

- What happens when twin flames meet.
- The purpose of this soul connection.
- The phases typical of the twin-flame journey.
- How twin flames can trigger spiritual awakening, and what kundalini rising actually feels like.
- The psychological and physical effects of a spiritual awakening.
- What running and chasing mean and what you can do to help yourself if you're caught in one of these roles.
- What happens when your twin is stuck in another relationship.
- And much more!

Reader's comments

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