

The Wild Oats Project

author: Robin Rinaldi

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Synopsis

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The project was simple: An attractive, successful magazine journalist, Robin Rinaldi, would move into a San Francisco apartment, join a dating site, and get laid. Never mind that she already owned a beautiful flat a few blocks away, that she was 44, or that she was married to a man she'd been in love with for 18 years. What followed - a year of sex, heartbreak, and unexpected revelation - is the topic of this riveting memoir, *The Wild Oats Project*.

An open marriage was never one of Rinaldi's goals - her priority as she approached midlife was to start a family. But when her husband insisted on a vasectomy, she decided she could remain married only on her own terms. If I can't have children, she told herself, then I'm going to have lovers. During the week she would live alone, seduce men (and women), attend erotic workshops, and partake in wall-banging sex. On the weekends she would go home and be a wife.

At a time when the best-seller lists are topped by books about eroticism and the shifting roles of women, this brave memoir explores how our sexuality defines us - and it delivers the missing link: an everywoman's account of sex.

Combining the strong literary voice of Cheryl Strayed's *Wild* with the adventurousness of Elizabeth Gilbert's *Eat, Pray, Love*, *The Wild Oats Project* challenges our sensibilities and evokes the delicate balance between loving others and staying true to oneself.

Reader's comments

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