

# True or False

*author: Cindy L. Otis*

---

2026-06

## Synopsis

---

author	Cindy L. Otis
readBy	Erin Dion
inLanguage	english

"Fake news" is a term you've probably heard a lot in the last few years, but it's not a new phenomenon. From the ancient Egyptians to the French Revolution to Jack the Ripper and the Founding Fathers, fake news has been around as long as human civilization. But that doesn't mean that we should just give up on the idea of finding the truth. In *True or False*, former CIA analyst Cindy Otis takes listeners through the history and impact of misinformation over the centuries, sharing stories from the past and insights that listeners today can gain from them. Then, she shares lessons learned in more than a decade working for the CIA, including actionable tips on how to spot fake news, how to make sense of the information we receive each day, and, perhaps most importantly, how to understand and see past our own information biases so that we can think critically about important issues and put events happening around us into context.

## Reader's comments

---

comment 1:

â€"â€" ()