

Trump on the Couch

author: Justin A. Frank

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Synopsis

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"A great public service--critical for our time."
--Bandy X. Lee, M.D., M.Div.,
Yale psychiatrist, expert on violence, and editor of *The Dangerous Case of Donald Trump*
The *New York Times*-bestselling author of *Bush on the Couch* shows that Donald Trump is mentally and emotionally unfit to execute the duties of President.
No president in the history of the United States has inspired more alarm and confusion than Donald Trump. As questions and concerns about his decisions, behavior, and qualifications for office have multiplied, they point to one primary question: Does he pose a genuine threat to our country? The American Psychiatric Association's Goldwater Rule constrains psychiatrists from offering diagnoses on public figures who are not patients and who have not endorsed such statements. But in *Trump on the Couch* Clinical Professor of Psychiatry Justin A Frank invokes the moral responsibility that compels him to speak out and present a full portrait of a man who presents us with a clear and present danger.
Using observations gained from a close study of Trump's patterns of thought, action, and communication, Dr. Frank uncovers a personality riddled with mental health issues. His analysis is filled with important revelations about our nation's leader, including disturbing insights into his childhood, his family, his business dealings, and his unusual relationship with alternative facts, including how
The absence of a strong maternal force during childhood has led to Trump's remarkable lack of empathy and disregard for women's boundaries;
His compulsion to polarize America has grown out of the way he perceives the world as full of deceitful and destructive persecutors;
His inability to tolerate the pain of frustration has triggered his belief that omnipotence will finally remove it;
His idiosyncratic use of language points to larger issues than even his tweets might suggest.
With our country itself at stake, Dr. Frank calls attention to the underlying narcissism, misogyny, deception, and racism that drive the President who

endangers it. A penetrating examination of how we as a nation got here and, more important, where we are going, *Trump on the Couch* sounds a call to action that we cannot ignore.

Reader's comments

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