

Unafraid

author: Eddie Penney, Keith Wood

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Synopsis

author	Eddie Penney,	Keith Wood
readBy	Eddie Penney	
inLanguage	english	

Hot Wash, noun: the review held after military training and real-world operations facilitating growth and improvement; an honest evaluation of strengths and weaknesses

As a special operator in the US Navy's most elite unit and actively engaged in the global war on terrorism, Eddie Penney had achieved his childhood dream. He was the tip of the nation's spear, prepared for anything except for becoming a single parent of three young children. Eddie learned powerful lessons from the roles of warrior and father. In *Unafraid*, he shares his story, insight gained, and the truths exposed when you reflect, regroup, and commit to personal growth. You'll hear about life as a Navy SEAL and the adolescent aspirations that led Eddie toward a military life, as well as the painful challenges that left him a single father with sole custody. You'll learn that old wounds—both seen and unseen—can heal, and redemption is always possible. Whether these struggles feel familiar or you're searching for inspiration, *Unafraid* is a must-have memoir revealing that each of us has a warrior within.

Reader's comments

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