

Unstuck

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Synopsis

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Pain. It is part of the human experience and one of the things that help us grow to maturity. But for some of us, the pain we have experienced feels crippling. Broken promises, dysfunctional families, damaged relationships, and rejection keep us from experiencing the abundant life Jesus promised. Sometimes it's a challenge just to get through the day, let alone to extend love and strength to those around us.

The Bible, however, offers great hope for pressing on. From the book of Ephesians, learn who you really are and why the pain of your past doesn't have to obscure God's plan for your future.

Reader's comments

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