

Visiting Yogananda

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Synopsis

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Make a spiritual connection with the Indian saint who brought meditation to the west.

In this uplifting program, with beautifully crafted guided imagery and music, youâ€™ll meet with Yogananda at the edge of a beautiful lake, and receive his blessing. Then youâ€™ll travel with him to a mountain sanctuary, high in the Himalayas, where a profound awakening will unfold.

Use this program to make a spiritual connection with Yogananda, and boost your own meditation practice and union with the Divine.

Reader's comments

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