

Whose Apple Is It, Anyway!

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Synopsis

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inLanguage	english

Dr. Linda takes you on a voyage of tears and laughter as she reveals a heartbreaking journey paved with abuse and emotional trauma. She is a survivor of domestic violence, molestation, sexual assault, and a divorce that ended a 17-year marriage to a man who was later convicted as a sexual predator. After decades of abusive and toxic relationships, stifled professional growth, and financial devastation, she was forced to face how she could no longer ignore the dysfunction that ruled her life. She couldn't change the past that haunted her. So, she decided to take revenge on it by helping other emotional trauma survivors.

This book uncovers the secrets that propel survivors of abuse and trauma from pain to purpose as they take back their power, tap into the truth of who they are, and live their best lives now! Dr. Linda illuminates the darkness of emotional trauma and reveals two powerful tools that are guaranteed to transform you from surviving to thriving after abuse and trauma.

Reader's comments

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