

Wild Mind

author: Natalie Goldberg

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Synopsis

authori¼š	Natalie Goldberg
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inLanguagei¼š	english

Writer, poet, and teacher Natalie Goldberg shows you how to unleash your "wild mind" - the true source of your creative power. In this crisp mix of memoir, teaching guide, nonfiction and poetry, Goldberg strips creativity to the essential mind that is "raw, full of energy, alive, and hungry." Natalie is compassionate, practical, and humorous. "Even if it's just a leg hanging out the window, she says, "write it down." Highlights include: provocative "try this" exercises to compel you into action, advice on how to find time to write, how to discover your personal style, how to make sentences come alive, and how to overcome procrastination and writer's block. She'll also explore the larger vision of the writer's task: knowing when to take risks as a writer and a person, learning self-acceptance in life and art.

Reader's comments

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